

Harbour House Hotel

GLUTEN FREE

STARTERS

Soup of the day Served with bread & butter £5.75

> Garlic Mushrooms On toasted bread £6.25

Chicken Liver Pate Served with toast & red onion marmalade £6.50

> Caprese Salad With basil oil & balsamic vinegar £6.95

Fresh Mussels In wine, garlic & parsley with £8.95

Seared Fresh Scallops On a sweet potato puree £8.95

MAINS

Fresh Salad Fresh prawns, Peri peri chicken or Ploughman Served with potato salad & coleslaw £9.95

Chicken or Vegetable Curry Served with rice £12.95

Mushroom, Leek & Thyme Risotto With truffle oil & a softly poached egg £12.95 Add Chicken £3

Chicken Breast With champ mash, broccoli Vine tomatoes & rosemary jus £14.95

Fresh Mussels In wine, garlic & parsley £15.95

Sea Bass Fillet Seasonal vegetables with a Basil oil & baby potatoes £16.95

10oz Fillet Steak With vine tomatoes, sautéed mushrooms, Freshly cut chips & peppercorn sauce £24.95

PUDDINGS

Homemade Pavlova With fresh cream & fresh berries £6.95

Trio of Ice Cream Served with mixed berries £6.95

Selection of Tea & Coffee £3



All fresh & locally sourced foods.